## POTENTIAL INDICATORS OF HUMAN TRAFFICKING

### General
- Avoids eye contact
- Accompanied by controlling person
- Not in control of own money
- Inconsistent or scripted story
- Does not speak on own behalf
- Claims “just visiting”
- Demonstrates fearful behavior

### Behavioral & Mental Health
- Depressed mood, flat affect
- Anxious, panic attacks, PTSD
- Angry, aggressive, hostile
- Poor mental status (possible sleep deprivation)
- Suicidal ideation
- Self-harming behaviors
- Lack of emotional response
- Hyper-vigilance
- Withdrawn
- Irritable
- Engaging in risky behaviors
- Delayed cognitive development
- Trauma bonding

### Labor Trafficking Indicators
- Wages withheld, not paid
- Is not provided adequate breaks, food, water at work
- Is required to live in housing provided by employer
- Has a debt to employer or recruiter that he/she cannot pay off

### Sex Trafficking Indicators
- Person is under age of 18, involved in commercial sex industry
- Reports unusually high number of sexual partners
- Uses language common in the commercial sex industry
- Has tattoos or other forms of branding: “Daddy”, “Property of___”, “For sale”, “Money over bitches” or “MOB”, crowns, wads of money, etc.

### Physical Health
- Signs of abuse or injuries
  - Bruises, burns, cuts
  - Wounds, fractures, broken teeth
- Traumatic brain injury, headaches, memory loss
- Conditions that appear to be caused or worsened by stress
  - HTN, arrhythmia, ARDs
  - Constipation, IBS
- Substance Use Disorders
- Reproductive
  - Pregnancy, limited PNC
  - Sexually transmitted infections
  - Genitourinary issues
  - Repeated unwanted pregnancies
  - Forced or pressured abortions
  - Genital trauma
  - Vaginal/anal fistulas
  - Sexual dysfunction
  - Retained foreign body
- Somatic complaints
## RESOURCES FOR HUMAN TRAFFICKING

### Information
- Polaris Project: Human Trafficking
- The Life Story: 13 moments we can make a difference
- Futures without Violence: Human Trafficking
- TEDMED: Dr. Susie Baldwin

### Resources & Services
- National Human Trafficking Hotline and Referral Directory
- Office for Victims of Crime: Services & Taskforces by State
- Trafficking in Persons Report 2018
- https://healtrafficking.org/
- Coalition to Abolish Slavery & Trafficking (CAST)

### Trauma Informed Approach
- Trauma Center at Justice Resource Institute: Project Reach
- The Trauma Informed Care Project
- Indian Health Service
- SAMHSA: Guidance for a Trauma Informed Approach
- Trauma Informed Oregon: Training & Implementation

### Tools & Materials
- Look Beneath the Surface Campaign
- Dignity Health Shared Learnings Manual
- HEAL Trafficking Health Care Setting Protocol Toolkit
- Massachusetts Medical Society Guidebook
- Department of Homeland Security: Blue Campaign
- Stanford Medicine

### Training for Health Care Providers
- Office of Trafficking in Persons: SOAR
- Dignity Health: HT 101 Dispelling the Myths
- ASU Training brochure for Health Care Providers
- Human Trafficking Awareness for First Responders
- Information & Resources for Emergency Healthcare Providers
- Collaboration to End Human Trafficking (Ohio)

### State Report Cards & Laws
- Polaris Project: State Report Cards
- Trafficking Victims Protection Act (TVPA)
- National Congress of State Legislatures
- US Department of State: Rights & Protection of Temporary Workers
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<td><strong>Washington Trafficking Help</strong></td>
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<td><strong>Washington Anti-trafficking Response Network (WARN)</strong></td>
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<tr>
<td><strong>WA Department of Commerce: Best Practices to Combat Trafficking</strong></td>
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<td><strong>Seattle Against Slavery</strong></td>
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<td><strong>Real Escape from the Sex Trade (REST)</strong></td>
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<td><strong>NW Justice Project</strong></td>
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<td><strong>SAGE, Chelan &amp; Douglas County</strong></td>
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<td><strong>Rebuilding Hope, Sexual Assault Center, Pierce County</strong></td>
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Trauma Informed Care Resources. (2013, January 22). Retrieved from https://traumainformedoregon.org/resources/